
Curriculum Vita
CHRISTOPHER R. MARTELL, Ph.D., ABPP
Psychological Services Center
University of Massachusetts
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EDUCATION

- 1998 – 1999 **Extra-mural Fellow**
The Beck Institute for Cognitive Therapy and Research.
Bala Cyn Wyd, PA.
- 1988 - 1989 **Post-doctoral Fellow**, Head Trauma Program
New York University Medical Center - Rusk Institute of
Rehabilitation Medicine, New York, NY
- 1988 **Doctor of Philosophy**, Clinical and School Psychology
Hofstra University, Hempstead, NY, APA Accredited Program
- 1985 **Master of Arts**, Clinical and School Psychology
Hofstra University, Hempstead, NY
- 1983 **Bachelor of Arts**, *Magna Cum Laude*, English
Saint Michael's College, Winooski, VT

INTERNSHIPS

- 1986 - 1987 **Clinical Psychology Intern** State University of New York Technical
College, Psychological Services Center, Farmingdale, NY. *Note:*
Internships in the doctoral program at Hofstra University were
completed over two years and in both a clinical and school setting
at sites designated by the University. The doctoral program in
Clinical and School Psychology was fully accredited by the
American Psychological Association under the category
“Combined Professional-Scientific”.

1985 - 1986 **School Psychology Intern**, B.O.C.E.S. III Alternate Learning Center, Commack, NY.

PRACTICA

1987 - 1988 **Psychology Intern**. North Shore Psychological Services, Smithtown, NY.

1985 - 1987 **Psychology Intern**. Hofstra University Psychological Evaluation and Research Center, Hempstead, NY.

CERTIFICATION

Board Certified in Behavioral and Cognitive Psychology, American Board of Professional Psychology, Awarded September 20, 1999.

Board Certified in Clinical Psychology, American Board of Professional Psychology, Awarded April 20, 1995.

Massachusetts Licensed Psychologist Provider, No. 10392

Wisconsin Licensed Psychologist, No. 3024-57

Washington State Licensed Psychologist, No. PY00001337

New York State Licensed Psychologist, No. 009756-1

Vermont Licensed Psychologist – Doctorate

No. 948.0134781

Certificate of Professional Qualification in Psychology (CPQ), Association of State and Provincial Psychology Boards. ASPPB Mobility Program. **No. 597**.

PROFESSIONAL POSITIONS

Certified Cognitive Therapy Supervisor, Academy of Cognitive Therapy.

9/22-Present **Clinic Director Psychological Services Center/Senior Lecturer - University of Massachusetts Amherst. Department of Psychological and Brain Sciences Amherst, MA**

7/16 –9/22 **Clinic Director Psychological Services Center/Lecturer - University of Massachusetts Amherst. Department of Psychological and Brain Sciences Amherst, MA.**

- 7/13 – 5/16 **Clinical Professor/Coordinator UWM Psychology Training Clinic -**
University of Wisconsin. Milwaukee, Department of Psychology, Milwaukee, WI.
- 7/12 – Present **Independent Clinical Consultant** - Martell Behavioral Activation Research Consulting (MBARC). Milwaukee, WI/ Amherst MA (since 2016).
- 8/12 – 7/13 **Clinical Associate Professor** – University of Wisconsin. Milwaukee Department of Psychology, Milwaukee, WI.
- 8/89 – 6/12 **Independent Practice.** Seattle, WA.
- 6/06 – 6/12 **Clinical Associate Professor** University of Washington School of Medicine – Department of Psychiatry and Behavioral Sciences/University of Washington Physicians, Seattle, WA. (Part-time employment.)
- 1/03 – 6/12 **Clinical Associate Professor** University of Washington – Department of Psychology, Seattle, WA. (Unpaid clinical appointment)
- 7/00 – 1/03 **Clinical Assistant Professor** University of Washington – Department of Psychology, Seattle, WA. (Unpaid clinical appointment)
- 3/96 – 7/00 **Clinical Instructor** University of Washington - Department of Psychology, Seattle, WA. (Unpaid clinical appointment)
- 9/08 – 9/10 **Consultant.** University of Reading/Charlie Waller Foundation. Providing training and consultation in Behavioral Activation and in Cognitive Behavioral therapy for therapists in the U.K. via the internet.
- 9/90 - 6/92 **School Psychologist.** Highline Public Schools, Seattle, WA.
- 3/89 - 9/90 **Staff Psychologist.** New Medico - Community Re-entry Services of Washington, Mountlake Terrace, WA.
- 4/86 - 2/88 **Applied Behavioral Science Specialist.** Working Organization for Retarded Children (WORC), Bayside, NY.
- 10/86 - 6/87 **School Psychologist.** Valley Stream Public Schools, Valley Stream NY.
- 7/85 - 10/86 **Applied Behavioral Science Specialist.** Helen Keller Services for the Blind, Hempstead, NY.
- 7/85 - 8/85 **Applied Behavioral Science Specialist.** United Cerebral Palsy of Greater Suffolk, Commack, NY.

RESEARCH COLLABORATIONS

- 2020-2023 **Consultant/Trainer.** Reducing stress, anxiety, and depressive symptoms via a family-centered preventative intervention for immigrants: A randomized controlled feasibility trial (R34MH118396-01A1) (AK0000000015746) (OPAS#119-1842) Principle Investigator: Kalpana Poudel Tandukar, Ph.D.
- 2018-2020 **Consultant.** NINR P 20 Pilot Fund P20NR016599-03 May 1 2018-April 30 2020 A tablet-based simple walking intervention to improve self-management of rheumatoid arthritis (RA) fatigue. Principle Investigator: Jeungok Choi, Ph.D.
- 2017-Present **Consultant.** Big Health. Ltd. London, UK. Advising the development of an on-line depression treatment program.
- 2014–Present **Consultant.** Laureate Institute for Brain Research (LIBR), Tulsa Oklahoma. Behavioral Activation group treatment for depression and anxiety. Principle Investigator: Robin Apperle, Ph.D.
- 2011–2015 **Consultant.** University of Exeter – COBRA study. Treatment cost effectiveness. Principle Investigator: David Richards, Ph.D.
- 2011–2015 **Consultant.** Oxford University – Centre for Research on Eating Disorders (CREDO). Treatment Dissemination Study. Principle Investigators: Chris Fairburn, M.D., Steve Hollon, Ph.D., G. Terrence Wilson, Ph.D.
- 2004–2014 **Consultant.** Children’s Hospital and Regional Medical Center, Department of Psychiatry. Independent contractor consulting on NIMH-funded research study on behavioral activation treatment for depressed adolescents. Assisted in grant development, protocol development, and served as the primary supervisor for research therapists.
- 2008–2013 **Consultant.** Behavioral Technology Transfer Group. Developing on-line training in Behavioral Activation. Principle Investigators: Linda Dimeff and Sona Dimidjian.
- 2002–2005 **Consultant.** VA Puget Sound Healthcare System, Miles McFall, Ph.D. Principle Investigator. Federally funded study of behavioral activation in treatment of depressed veterans with co-occurring PTSD. Assisted in development of treatment protocol and served as primary supervisor of research therapists.
- Consultant.** The University of Washington Department of Psychiatry and Behavioral Sciences, Principle Investigator: Amy Wagner. Federally funded prevention study of behavioral activation following serious motor-vehicle accidents. Assisted in development of clinical protocol.

Consultant. The Behavior Research and Therapy Center, Seattle, WA, Eunice Chen, Postdoctoral Fellow and Investigator. Provided supervision.

1997–2001 **Research Therapist.** University of Washington, Department of Psychology, Seattle, WA. Treatments for Depression Study. Neil S. Jacobson, Principle Investigator through June 1999. Robert Kohlenberg, Principle Investigator.

1997–2000 **Research Therapist.** University of Washington, Department of Psychology, Seattle, WA. Behavioral Couples Therapy Study. Neil S. Jacobson and Andrew Christiansen, Principle Investigators. through June 1999.

1996–1999 **Research Therapist.** University of Washington, Department of Psychology, Seattle, WA. Functionally enhanced Cognitive Therapy for Depression Study. Robert Kohlenberg, Principle Investigator.

PEER REVIEWED PUBLICATIONS

Publications by Year:

- Martell, C. R.,** & Williams, M. E. (2022). Invited commentary. Traumatic invalidation as a pathway to emotional dysregulation in sexual and gender minorities – for some: Comment on Cardona, Madagan, and Sauer-Zavala (2022). *Clinical Psychology: Science and Practice*, 29(2), 200-202.
- Ren, X., Nacke, M., White, E., Akeman, E., Cannon, M., Mayeli, A., Touthang, J., Al Zoubi, O., McDermott, T., Kirlic, N., Santiago, J., Kuplicki, R., Bodurka, J., Paulus, M., Craske, M., Wolitzky-Taylor, K. Ableson, J., **Martell, C.**, Clausen, A., & Aupperle, R. (2022). Waiting for the payoff: Electrical anticipation response in individuals with depression/anxiety disorders. *Biological Psychiatry*, 91(9), S217-S217. Doi:10.1016/j.biopsych.2022.02.556.
- Ford, B., Savitz, J., Yeh, H-w., Akemen, E., Cosgrove, K., Clausen, A., **Martell, C.**, Kirlic, N., Santiago, J., Teague, K.T., Irwin, M., Paulus, M., & Aupperle, R. (2021). Circulating quinolinic acid is reduced following behavioral Activation therapy in major depressive disorder. *Biological Psychiatry*, 89(9), Supplement, S326-S326. Doi:10.1016/j.biopsych.2021.02.814.
- White, E.J., Nacke, M., Akeman, E., Cannon, M.J., Mayeli, A. Touthang, j., Al Zoubi, O., McDermott, T.J., Kirlic, N., Santiago, J., Kuplicki, R., Bodurka, J., Paulus, M.P., Craske, M.G., Wolitzky-Taylor, K., Abelson, J., **Martell, C.**, Clausen, A., Stewart. J.L., Aupperle, R. L. (2021). P300 amplitude during a monetary incentive delay task

predicts future therapy completion in individuals with major depressive disorder. *Journal of Affective Disorders*, 295, 873-882. <https://doi.org/10.1016/j.jad.2021.106>

- Cody, J., Choi, J., **Martell, C. R.** (2020). Developing an innovative tablet-based walking program to improve arthritis fatigue. *Journal of Gerontological Nursing*, 46(10), 13-18. doi:10.3928/00989134-20200909-03
- Nezu, C. M., & **Martell, C. R.** (2020). Special series introduction: Confronting the challenge of clinical decision making in evidence-based practice. *Cognitive and Behavioral Practice*, 27(4), 357-359. <https://doi.org/10.1016/j.cbpra.2020.09.001>
- Santiago, J., Akeman, E., Kirlic, N., Clausen, A.N., Cosgrove, K.T., McDermott, T. J., Mathis, B., Paulus, M., Craske, M.G., Abelson J., **Martell, C.**, Wolitzky-Taylor, K., Bodurka, J., Thompson, W.K., Aupperle, R. A. (2020). Protocol for a randomized controlled trial examining multilevel prediction of response to behavioral activation and exposure-based therapy for generalized anxiety disorder. *Trials*, 21,(1), 1-14.
- Savitz, J., Ford, B. N., Yeh, H-W., Akeman, E., Cosgrove, K., Clausen, A. N., **Martell, C.** Kirlic, N., Santiago, J., Teague, T. K., Irwin, M. R., Paulus, M. P. & Aupperle, R. L. (2020). Behavioral activation therapy for depression is associated with reduction in the concentration of circulating quinolinic acid. *Psychological Medicine*, ISSN: 0033-2917, Online ISSN: 1469-8978.
- Aupperle, R., Smith, R., Kirlic, N., McDermott, T., Akeman, E., Santiago, J., Clausen, A., **Martell, C.**, Wolitzky-Taylor, K., Abelson, J., Craske, M., Bodurka, J., & Paulus, M. (2019). A computational, approach-avoidance framework for predicting behavioral therapy response for generalized anxiety disorder and major depressive disorder. *Neuropsychopharmacology*, 44, SUPPL 1, 397-398.
- Martell, C. R.**, & Williams, M. E. (2019). The social context of clinical practice with sexual minority clients: Commentary on the special issue. *Cognitive and Behavioral Practice*, 26, 300-306.
- Bolinski, F., Hendriks, G-J., Bardoel, S., Hollon, S. D., **Martell, C. R.**, & Huibers M.J.H. (2018). Cognitive therapy or behavioral activation for major Depressive disorder in Dutch mental health care: Pilot effectiveness And process trial. *International Journal of Cognitive Therapy*, 11(3), 343-358.
- Nyström, M.B.T., Stenling, A., Sjöström, E., Neeley, G., Lindners, Ph. Hassmén, P., Andersson, G., **Martell, C.**, & Carlbring, P. (2017). Behavioral activation versus physical activity via the internet: A randomized controlled trial. *Journal of Affective Disorders*, 215, 85-93. <http://dx.doi.org/10.1016/j.jad.2017.03.018>

- Puspitasari, A. J., Kanter, J. W., Busch, A. M., Leonard, R., Dunsiger, S., Cahill, S., **Martell, C.** & Koerner, K. (2017). A randomized controlled trial of an online, modular, active learning training program for behavioral activation for depression. *Journal of Consulting and Clinical Psychology, 85*(8), 814-825.
- Mazzucchelli, T. G., Kanter, J. W., & **Martell, C. R.** (2016). A clinician's quick guide of evidence-based approaches: Behavioural activation. *Clinical Psychologist, 20*, 54-55. Doi:10.1111/cp.12086
- McCauley, E., Gudmundsen, G., Schoredt, K., **Martell, C.**, Rhew, I., Hubley, S. & Dimidjian, S. (2016). The adolescent behavioral activation program: Adapting behavioral activation as a treatment for depression in adolescence. *Journal of Clinical Child and Adolescent Psychology*. DOI: 10.1080/15374416.2014.979933.
- Martell, C. R.** (2015). Recognizing the true norm: Commentary on "Toward defining, measuring, and evaluating LGBT cultural competence for psychologists." *Clinical Psychology, Science and Practice, 22* (2), 172-176, <http://dx.doi.org/10.1111/cpsp.12097>.
- Martell, C. R.** (2014). The hybrid case study of "Adam": Perspectives from behavioral activation and the influence of heteronormativity on LGB-affirmative therapy. *Pragmatic Case Studies in Psychotherapy, 10*, 106-116. <http://pcsp.libraries.rutgers.edu>.
- Rhodes, S., Richards, D. A., Ekers, D., McMillan, D., Byford, S., Farrand, P....**Martell, C.**.... & Wright, K. A. (2014). Cost and outcome of behavioural activation versus cognitive behavior therapy for depression (COBRA): study protocol For a randomized controlled trial. *Trials, 15*:29, <http://www.trialsjournal.com/content/15/1/29>.
- Carlbring, P., Lindner, P., **Martell, C.**, Hassmén, P., Forsberg, L., Ström, L., & Andersson, G. (2013). The effects on depression of Internet-administered behavioural activation and physical exercise with treatment rationale and relapse prevention: study protocol for a randomized controlled trial. *Trials, 14*:35 <http://www.trialsjournal.com/content/14/1/35>.
- Lindner, P., **Martell, C.**, Bergstrom, J, Andersson, G., & Carlbring, P. (2013). Clinical validation of a non-heteronormative version of the Social Anxiety Scale (SIAS). *Health and Quality of Life Outcomes, 11*, 1-6. <http://www.hqlo.com/content/11/1/209> .
- Martell, C. R.** (2013). Misconceptions and misunderstandings of Behavioral Activation: Perspectives from a major proponent. *Psychologia, 56*, 131-137, <http://dx.doi.org/10.2117/psysoc.2013.131>.

- Dimidjian, S., Barrera, Jr., M., **Martell, C.**, Munoz, R. F. & Lewinsohn, P. M. (2011). The origins and current status of behavioral activation treatments for depression. *Annual Review of Clinical Psychology, 7*, 1 - 38. DOI:10.1146/annurev-clinpsy-032210-104535
- McCauley, E. Schloredt, K., Gudmundsen, G., **Martell, C.** & Dimidjian, S. (2011). Expanding behavioral activation to depressed adolescents: Lessons learned in treatment development. *Cognitive and Behavioral Practice, 18*, 371 – 383, <http://dx.doi.org/10.1016/j.cbpra.2010.07.006>.
- van Eeden-Moorefield, B., **Martell, C.R.**, Williams, M., & Preston, M. (2011). Same-sex relationships and dissolution: The connection between heteronormativity and homonormativity. *Family Relations, 60*(5) 562-571. DOI:10.1111/j.1741037729-2011.00669.x
- Coffman, S., **Martell, C. R.**, Dimidjian, S., Gallup, B. J., & Hollon, S. (2007) Extreme non-response to cognitive therapy for depression: Can behavioral activation succeed where cognitive therapy fails? *Journal of Consulting and Clinical Psychology, 75*, 531-541. DOI:10.1037.0022-006X.75.4.531
- Jakupcak, M., Roberts, L., **Martell, C.**, Mulick, P., Michael, S., Reed, R., Balsam, K., Yoshimoto, D., & McFall, M. (2006). A pilot study of behavioral activation for veterans with post-traumatic stress disorder. *Journal of Traumatic Stress, 19*, 387-391. DOI:10.1002/jts.20125
- Kanter, J. W., Mulick, P. S., Busch, A. M., Berline, K. S. & **Martell, C. R.** (2006). The Behavioral Activation for Depression Scale (BADs): Psychometric properties and factor structure. *Journal of Psychopathology and Behavioral Assessment*. DOI 10.1007/s10862-006-9038-5.
- Martell, C.R.** & Prince, S. E. (2005). Treating infidelity in same-sex couples. *Journal of Clinical Psychology/In Session, 61*(11), 1429-1438. DOI:10.1002/jclp.20192
- Jacobson, N.S., **Martell, C. R.**, & Dimidjian, S. (2001). Behavioral activation therapy for depression: Returning to contextual roots. *Clinical Psychology: Science and Practice, 8* (3), 255-270.
- Martell, C. R.** (2001). Including sexual orientation issues in research related to cognitive and behavioral therapies. *the Behavior Therapist, 24* (10), 214-216.
- Martell, C.R.** & Hollon S. D. (2001). Working together on shifting ground: Researcher and clinician collaboration in clinical trials. *The Behavior Therapist, 24* (7), 144-146. Special Series Editor.
- Martell, C.R.** (1999). Behavior therapy and sexual minorities: Thoughts on progress and future directions. *the Behavior Therapist, 22* (10), 194-19.

Publications By Year

- Martell, C. R.**, Dimidjian, S., & Herman-Dunn, R. (2022). *Behavioral activation for depression: A clinician's guide (2nd Edition)*. New York: Guilford. *Third Place Winner in the American Journal of Nursing 2023 Book of the Year Awards in the Psychiatric and Mental Health Nursing category.*
- Jakupcak, M., Wagner, A., & **Martell, C. R.** (2019). *The PTSD Behavioral activation workbook: Activities to help you rebuild your life from post-traumatic stress disorder*. Oakland, CA: New Harbinger.
- McCauley, E., Gudmundsen, G. G., Schloredt, K., **Martell, C. R.**, & Dimidjian, S. (2016). *Behavioral activation with adolescents: A clinician's guide*. New York: Guilford.
- Dahl, J., Stewart, I., & **Martell, C.** & Kaplan, J. (2013). *ACT and RFT in relationships: Helping clients deepen intimacy and maintain healthy commitments using acceptance and commitment therapy and relational frame theory*, Oakland, CA: Context/New Harbinger.
Translations: Korean
- Nezu, C. M., **Martell, C. R.** & Nezu, A. M., (2013). *Specialty competencies in cognitive and behavioral psychology*. Oxford University Press.
- Martell, C. R.**, Dimidjian, S. & Herman-Dunn, R. (2010). *Behavioral activation for depression: A clinician's guide*. New York: Guilford.
Translations: Danish, German, Simplified Chinese, Spanish, Swedish and Japanese.
- Levinthal, A., & **Martell, C. R.**, (2006). *The myth of depression as disease: Limitations and alternatives to drugs*. New York: Praeger.
- Addis, M. E., & **Martell, C. R.** (2004). *Overcoming depression one step at a time: The new behavioral activation approach to getting your life back*. Oakland, CA: New Harbinger.
Translations: Swedish, Dutch, Danish, French, Hebrew and Japanese
2010 recipient of a "Self Help Books of Merit" award from the Association of Behavioral and Cognitive Therapies
- Martell, C. R.**, Safren, S. A., & Prince, S. E. (2004). *Cognitive-behavioral therapies with lesbian, gay, and bisexual clients*. New York: Guilford.
- Martell, C. R.**, Addis, M. E., & Jacobson, N. S., (2001). *Depression in context: Strategies for guided action*. New York: W. W. Norton.
Translations: Japanese.

CHAPTERS IN EDITED WORKS

Publications by Year:

- Martell, C.R.** & Puspitasari, A. J. (2023), Cognitive and behavioral Avoidance. In, D.J.A. Dozois and K. S. Dobson (Eds.) *Treatment of Psychosocial Risk Factors in Depression* (PP. 359-381). Washington, D.C.: American Psychological Association. . <https://doi.org/10.1037/0000332-016>
- Dimidjian, S., **Martell, C. R.**, Herman-Dunn, R., & Hubley, S. (2021). Behavioral activation for depression. In D. H. Barlow (Ed.). *Clinical handbook of psychological disorders—(6th ed., pp. 339-380)*. New York: Guilford.
- Leahy, R. L., & **Martell, C. R.** (2021). Philosophical and historical foundations. In A. Wenzel (Ed.) *APA handbook of cognitive behavioral therapy* Vol.1). (pp.3-30). Washington D.C.: American Psychological Association.
- Balsam, K. F., **Martell, C. R.**, Jones, K. P. & Safren, S. A. (2019). Affirmative cognitive Behavior therapy with sexual and gender minority people. In. G. Y. Iwamasa & P. A. Hays (Eds.). *Culturally responsive cognitive behavior Therapy: Practice and supervision* (2nd ed. pp. 287-314). Washington, DC: American Psychological Association.
- Hubley, S., **Martell, C. R.** & Carty, J. (2019). Beyond specialty mental health: Rationale and clinical application of behavioral activation in primary care. In S. Dimidjian (Ed.) *Evidence based practice in action: Bridging clinical science and intervention*. (pp.281-302). New York: Guilford.
- Martell, C. R.** (2019). Evidence-based approaches to treating depression among sexual and gender minority clients. In J.E. Pachankis & S.A. Safren (Eds.). *Handbook of evidence-based mental health practice with sexual and Gender minorities*. (pp. 200-221). New York: Oxford University Press.
- Pantalone, D. W., Iwamasa, G. Y. & **Martell, C. R.** (2019). Affirmative cognitive-behavior therapy with culturally diverse populations. In K. S. Dobson & D. J. Dozois (Eds.). *Handbook of cognitive-behavioral therapies* (4th ed.). New York: Guilford.
- Martell, C. R.** (2018). Behavioral activation. In S. C. Hayes & S. G. Hofmann (Eds.). *Process-based CBT: The science and core clinical competencies of cognitive behavioral therapy*, (pp. 259-308). Oakland, CA: Context Press.
- Pantalone, D. W., Haldeman, D. C. & **Martell, C. R.** (2018). Health care issues facing Lesbian, gay, bisexual, and transgender individuals. In O.J. Z. Zahler, J. E. Carr, J. B. Frank & J. V. Nunes (Eds.). *The behavioral sciences and health Care* (4th ed. pp. 175-183). Boston: Hogrefe.
- Martell, C. R.** & Turkel, J. E. (2017). Behavioral activation. In A. E. Wenzel (Ed.). *The SAGE encyclopedia of abnormal and clinical psychology*, (pp. 436-439).

Thousand Oaks, CA: Sage.

- Martell, C. R.** & Williams, M. E. (2017). LGBTQQ-affirmative psychotherapy. In K. L. Nadal (Ed.). *The SAGE encyclopedia of psychology and gender*, (pp. 1082-1085). Thousand Oaks, CA: Sage
- Dimidjian, S., **Martell, C. R.**, Herman-Dunn, R. & Hubley, S. (2014). Behavioral activation for depression. In D. H. Barlow (Ed.). *Clinical handbook of psychological disorders – (5th ed., pp. 353-393)*. New York: Guilford.
- Pantalone, D., Haldeman, D. C. & **Martell, C. R.** (2007). Health care issues facing gay, lesbian, bisexual, and transgender individuals. In, O. J. Z. Sahler & J. E. Carr (Eds.) *The behavioral sciences and health care (3rd ed., pp. 173-180)*. Ashland, OH, US: Hogrefe & Huber Publishers.
- Martell, C. R.**, Dimidjian, S., & Lewinsohn, P. M. (2010). Behavioral Activation. In, N. Kazantzis, M. A. Reinecke, & A. Freeman (Eds.), *Cognitive and behavioral theories in clinical practice*. (pp. 193– 215). New York: Guilford.
- Martell, C. R.** & Kanter, J. (2010). Behavioral activation in the Context of “third wave” therapies. In J. D. Herbert & E. M. Forman (Eds.) *Cognitive behavior therapy, acceptance, mindfulness: understanding and applying the new therapies*. (pp. 225–247). New York: John Wiley & Sons.
- Pantalone, D., Iwamasa, G. & **Martell, C. R.** (2010). Cognitive-behavioral therapy with diverse populations. In K. S. Dobson, (Ed.), *Handbook of cognitive behavior therapy, (3rd ed., pp. 445-464)*. New York: Guilford.
- Syzdek, M. R., Addis, M. E., & **Martell, C. R.** (2010). Working with emotion and emotion regulation in behavioral activation treatment for depression. In A. M. Kring & D. M. Sloan (Eds.), *Emotion regulation and psychopathology: A transdiagnostic approach to etiology and treatment*. (pp. 405-426). New York: Guilford.
- Martell, C. R.**, (2009). Behavioral activation for depression. In W. T. O’Donohue & J. E. Fisher (Eds.), *General principles and empirically supported techniques of cognitive behavior therapy*, (pp. 138-143). Hoboken, NJ : Wiley.
- Martell, C. R.**, Dimidjian, S., & Lewinsohn, P. M. (2009) Behavior Therapy for Depression. In R. Ingram (Ed.). *International encyclopedia of depression*. (pp. 59-65). New York: Springer
- Dimidjian, S., **Martell, C. R.**, Addis, M. E. & Herman-Dunn, R. (2008). Behavioral activation for depression. In D. H. Barlow (Ed.). *Clinical handbook of psychological disorders – (4th ed., pp. 328-364)*. New York: Guilford.
- Dimidjian, S., **Martell, C. R.**, Coffman, S., & Hollon, S.D. (2008). Treatment of severe depression. In M. Whisman (Ed.), *Cognitive therapy for complex and*

comorbid depression: Assessment and treatment. (pp. 65-87). New York: Guilford.

Martell, C. R. (2008). Lesbian, Gay, and Bisexual Women and Men. In M. Whisman (Ed.), *Cognitive therapy for complex and comorbid depression: Assessment and treatment.* (pp. 373-393.) New York: Guilford.

Haldeman, D. C., Pantalone, D., & **Martell, C. R.** (2007). Health care issues facing gay, lesbian, bisexual, and transgender individuals. In, O. J. Z. Sahler & J. E. Carr (Eds.). *The behavioral sciences and health care (2nd rev., updated ed.,* pp. 210-216). Ashland, OH, US: Hogrefe & Huber Publishers.

Martell, C. R. (2007). Behavioral therapy. In A. B. Rochlen (Ed.). *Applying counseling theories: An online, case-based approach.* (pp. 143-156). Upper Saddle River, NJ: Pearson.

Balsam, K. F., **Martell, C. R.**, & Safren, S. A. (2006). Lesbian, gay, and bisexual affirmative cognitive-behavioral therapy. In P. A. Hays & G. Y. Iwamasa (Eds.). *Culturally responsive cognitive-behavioral therapy: Assessment, practice, and supervision* (pp. 223-243). Washington DC: American Psychological Association Press.

Martell, C. R. & Atkins, D. (2006). Using acceptance in integrative behavioral couple therapy. In W. O'Donohue, N. Cummings, & J. Cummings (Eds.). *Clinical Strategies for Becoming a Master psychotherapist.* (pp. 239 – 259). San Diego: Elsevier.

Martell, C. R., Addis, M. E., & Dimidjian, S. (2004). Finding the action in behavioral activation: The search for empirically-supported interventions and mechanisms of change. In S. Hayes, M. Linehan, & V. Folette (Eds.), *Mindfulness acceptance and relationship: The new behavior therapies.* (pp. 152 – 167). New York: Guilford.

Martell, C. R. (2003). Behavioral activation therapy for depression. In O'Donohue, W, Fisher, J., and Hayes, S. (Eds.) *Cognitive behavior therapy: Applying Empirically supported techniques in your practice,* (pp. 28-32). New York: John Wiley & Sons.

Dimidjian, S., **Martell, C. R.**, & Christensen, A. (2002). Integrative behavioral couple therapy. In A Gurman & N. Jacobson (Eds.) *Clinical handbook of couple therapy,* (3rd Ed., pp. 251-277). New York: Guilford.

Martell, C. R. & Land, T. (2002). Cognitive-behavioral therapy with gay and lesbian couples. In Patterson, T. (Ed.) *Comprehensive textbook of psychotherapy, Vol. II Cognitive-behavioral approaches.* (pp. 451-468). John Wiley & Sons.

Martell, C. R. (1994). First person essay. In D. Sue, D. D. Sue, & S. Sue (Eds.)

Understanding Abnormal Behavior (3rd ed., pp. 384-385). Boston: Houghton-Mifflin Publishing Company.

IN PRESS or PREPARATION

Berg, H., Akeman, E., McDermott, J. Cosgrove, K. T., Kirlic, N., Clausen, A., Cannon, M., Yeh, H-W, White, E., Thompson, W.K., Choquette, E. M., Sturycz-Taylor, C. A., Cochran, G., Ramirez, S., **Martell, C. R.**, Wolitzky-Taylor, K. B., Craske, M. G., Abelson, J. L., Paulus, M. P., & Aupperle, R. L. (submitted). A randomized clinical trial of behavioral activation and exposure-based therapy for adults with generalized anxiety disorder.

Martell, C. R. (Under Contract). *Living well with depression*. New York: Guilford Press.

UNPUBLISHED MANUSCRIPTS, PAPER AND POSTER PRESENTATIONS, SYMPOSIA AND PANELS:

Berg, H., McDermott, T.J., Akeman, E., Santiago, J., Touthang, J., Cosgrove, K.T., Cannon, M.J., Yeh, H.-Y., Clausen, A.N., Kirlic, N., Thompson, W., Choquette, E., Sturycz-Taylor, C, Smith, R., **Martell, C.R.**, Wolitzky-Taylor, K.B., Craske, M.G., Abelson, J.L., Bodurka, J., Paulus, M.P., & Aupperle, R.L. (2023, April). *Behavioral activation and exposure therapy improve anxiety symptoms and alter neural processing of approach-avoidance conflict*. Poster presentation at the annual meeting of the Anxiety and Depression Association of America (ADAA), Washington, D.C.

Berg, H., McDermott, T.J., Akeman, E., Santiago, J., Touthang, J., Cosgrove, K.T., Cannon, M.J., Berg, H., Clausen, A.N., Kirlic, N., Smith, R., **Martell, C.R.**, Wolitzky-Taylor, K.B., Craske, M.G., Abelson, J.L., Bodurka, J., Paulus, M.P., & Aupperle, R.L. (2022, March). *Behavioral activation and exposure-based therapies modulate dorsolateral prefrontal cortex activity during approach-avoidance conflict decision-making*. Poster presentation at the annual meeting of the Anxiety and Depression Association of America (ADAA), Denver, CO, US

McDermott, T.J., Akeman, E., Santiago, J., Touthang, J., Cosgrove, K.T., Cannon, M.J., Berg, H., Clausen, A.N., Kirlic, N., Smith, R., **Martell, C.R.**, Wolitzky-Taylor, K.B., Craske, M.G., Abelson, J.L., Bodurka, J., Paulus, M.P., & Aupperle, R.L.(2022, March). *Neural predictors of behavioral therapy response during approach-avoidance conflict decision-making in adults with generalized anxiety disorder*. Poster presentation at the annual meeting of the Anxiety and Depression Association of America (ADAA), Denver, CO, USA.

Crowe, K., Spiro-Levitt, C., Lewandowski, R. E., Jenness, J., DeLonga, K., **Martell, C.** & McCauley, E. (2019). *Foundations and flexible applications of behavioral activation in clinical context*. Clinical Roundtable presented at the 53rd annual convention of the Association of Behavioral and Cognitive Therapies. November 23, 2019, Atlanta, GA.

- Mitchell, D., Davis, D., DiGiuseppe, R., **Martell, C.**, Tafrate, R. C., & Zarling, A. (2016, October) *CBT in Probation: Perspectives on Interviews with Three Justice-Involved Clients*. Clinical Roundtable: Presented at the Association of Behavioral and Cognitive Therapies Convention, New York, NY.
- Stephens, K. A., Unutzer, J., Welch, S. S., Comptois, K., **Martell, C. R.** & Dunn, C. (2012, August.) *Training CBT skills to mental health specialists in primary care*. Poster presented at the 120th Annual Convention of the American Psychological Association, Orlando, FL.
- Wagner, A. W., Jakupcak, M., Paulson, A., Bittinger, J. N., Kowalski, H., Kincaid, M., **Martell, C. R.**, & McFall, M. E. (2010, November). *Behavioral activation as a treatment for PTSD (and depression) among returning veterans*. Poster presented at the Association of Behavioral and Cognitive Therapies Convention, San Francisco, CA.
- Martell, C.R.** & Pantalone, D. (2010, November). *Behavioral activation principles in practice in the treatment of depression*. Master Clinician Seminar presented at the Association of Behavioral and Cognitive Therapies Convention, San Francisco, CA.
- Cameron, R., Hayes-Skelton, S. A., **Martell, C. R.**, Hart, T. A. Shipherd, J. C. & Cortesi, G. (2010, November). *Leading the way toward LGBT- affirmative CBT: Clinician, supervisor, and trainee perspectives*. Panel Discussion presented at the Association of Behavioral and Cognitive Therapies Convention, San Francisco, CA.
- Nezu, A. M., Nezu, C. M., Newman, C. F. & **Martell, C. R.** (2010, November). *Defining, Assessing, and Fostering Therapist Competence*. Panel Discussion presented at the Association of Behavioral and Cognitive Therapies Convention, San Francisco, CA.
- Schloredt, K. Gudmundsen, G., McCauley, E., **Martell, C. R.**, & Dimidjian S. (2010, November) *Behavioral Activation for Teenagers with Mood or Anxiety Disorders*. Symposium presented at the Association of Behavioral and Cognitive Therapies Convention, San Francisco, CA.
- Martell, C. R.** (Chair), Nezu, A. M., Greene, B., Chin, J. L., & Sue, S. Panelists (2010, August). *Considering the Evidence on Diversity in Practice and Training*. Panel Discussion Presented at the American Psychological Association Convention, San Diego, CA.
- Martell, C. R.** (Discussant), Pachankis, J. (Chair; 2009, November). *Looking Towards Universal Psychological Processes to Explain LGB-Heterosexual Mental Health Disparities*. Symposium Presented at the 43rd Annual

Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

- McCauley, E., Schloredt, K., **Martell, C.**, Gudmundsen, G., & Dimidjian, S. (2009, June) *Adolescents Taking Action*. Paper presented at the International Society for Research in Child and Adolescent Psychopathology (ISRCAP), Seattle, WA.
- Schloredt, K., Gudmundsen, G., McCauley, E., **Martell, C.**, & Dimidjian, S. (2009, June). *Issues in Developing and Deploying a Manualized Treatment for Depressed Adolescents*. Poster presented at the International Society for Research in Child and Adolescent Psychopathology (ISRCAP), Seattle, WA.
- Martell, C. R.** & Dimidjian, S. (2007, July) *Can activation alone prevent relapse in the treatment of depression? Symposium: Further Frontiers In CBT for Prevention of Relapse and Recurrence of Depression*. Presented at the World Congress of Behavioural and Cognitive Therapies, Barcelona, Spain.
- Hope, D. A. (Moderator). Panelists: Davila, J., **Martell, C. R.**, Goldfried, M. & Safren, S. (2006, November). *Working with lesbian, gay, and bisexual individuals: Clinical issues for behavioral and cognitive therapists*. Clinical Roundtable presented at the 40th Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago IL.
- Jakupcak, M. (Chair). Discussants: **Martell, C. R.**, Dimidjian, S. (2005, November). *Behavioral activation therapy for complex psychiatric and Medical conditions*. Symposium presented at the 39th Annual Convention of the Association for Behavioral and Cognitive Therapies Washington, DC.
- Christensen, A., and **Martell, C.** (2004, November) *Integrative behavioral couples' therapy*. Master Clinician Seminar, Presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy. New Orleans, Louisiana..
- Jakupcak, M, Roberts, L., Yoshimoto, D., Mulick, P., **Martell, C.**, Balsam, K, Devine, K., Martell, J., Michael, S. T., Reed, R., Sewell, J., & McFall, M. (2004, July) *Behavioral activation for the treatment of PTSD: A pilot study*. Paper presented at the 112th Annual Convention of the American Psychological Association, Honolulu, Hawaii.
- Sorocco, K. H., Horvath, K. J., Lauderdale, S. A., **Martell, C. R.**, Borrego, J. Jr., Stewart, J., Hays, P. & Iwamasa, G. Y. (2004, November). *Diversity's role in expanding clinical practice*. Clinical Roundtable. Presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy. New

Orleans, LA.

- Dimidjian, S., Coffman, S., Hollon, S. D., & **Martell, C.** (2004, November). *Extreme non-response to cognitive therapy: Understanding the differences between behavioral activation and cognitive therapy for depression*. Panel Discussion. Presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy. New Orleans, LA.
- Horvath, K. J., Anhalt, K., Arias, I., Belcourt-Dittloff, A., **Martell, C.**, & Wright, E. (2004, November). *Protective and risk factors of psychological and physical health: A focus on minority and underserved populations*. Panel Discussion. Presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy. New Orleans, LA.
- Martell, C. R.** (Moderator). Panelists: Dimidjian, S., Mulick, P.S., Roberts, L. J., & Wagner, A. (2003, November). *Clinical applications of behavioral activation*. Panel discussion presented at the 37th Annual Convention of the Association for Advancement of Behavior Therapy, Boston, MA.
- Martell, C. R.** *There and back again: The private practitioner in research*. (2003, August). Brown, L. S., Haldeman, D. C., Glassgold, J. K. & Greene, B. *Privately Out of the Closet - Lives and Work of LGB Therapists*. Symposium presented at the 111th Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Martell, C. R.** Watkins, E., & Williams, M. (2003, July). *Looking toward a mindful, active and thoughtful future*. Clinical Roundtable at the British Association of Behavioural and Cognitive Psychotherapies Annual Convention, York, England, UK.
- Martell, C. R.**, Addis, M. E., & Dimidjian, S. (2002, July). *Finding the action in behavioral activation: The search for empirically-supported interventions and mechanisms of change*. Presented by invitation – The New Behavior Therapies Conference – Reno, NV.
- Dobson, K. (Moderator). Panelists: Addis, M., Coffman, S., **Martell, C.** & Hollon, S. (2000, November). *Development and dissemination of empirically supported therapies: A model for collaboration between researchers and clinicians*. Panel discussion presented at the 34th Annual Convention, Association for Advancement of Behavior Therapy, New Orleans, LA.
- Safren, S. A. (Moderator). Panelists: **Martell, C. R.**, Neal-Barnett, A., Iwamasa, G. Y., Hart, T. A. & O'Neill-Washington, D. (2000, November). *The*

continuing need for diversity in cognitive-behavioral therapy training and research. Panel discussion presented at the 34th Annual Convention, Association for Advancement of Behavior Therapy, New Orleans, LA.

Dobson, K. S., (Chair). Panelists: Dimidjian, S., **Martell, C. R.**, Addis, M. E., Herman-Dunn, R., Linde, T., Roberts, L., (1999, November). *Behavioral activation: A functional analytic, contextual treatment for depression.* Clinical Roundtable Presented at the 33rd Annual Convention, Association for Advancement of Behavior Therapy, Toronto, Ont., Canada.

Martell, C. R. (Chair). Panelists: Coffman, S., Clancy, S., Herman-Dunn, R., & Kosins, D. (1999, October). *Bridging the scientist-practitioner gap: The experiences of research therapists.* Panel Presentation at the Fall Convention of the Washington State Psychological Association, Silverdale, WA.

Jacobson, N. S., Dobson, K. S., & **Martell, C. R.** (1998, November). *Behavioral activation as a functional analytic alternative to cognitive therapy for depression.* Master Clinician Lecture presented at the 32nd Annual Convention, Association for Advancement of Behavior Therapy, Washington, D.C.

Martell, C., Haldeman, D., Matthews, P. & Popanz, T. (1998, October). *Lessons learned in competent practice with lesbian, gay, bisexual, and questioning clients.* Panel presentation at the Fall Convention of the Washington State Psychological Association, Spokane, WA.

Martell, C. and members of the WSPA Ethics Committee and Practice Management Committee (1998, October). *Ethics and the business of practice.* Panel Discussion presented at the Fall Convention, Spokane, WA.

Martell, C., S. Becker, T. Cahn & L. Tien. (1997, October) *Ethical guidelines for working with special populations.* Conversation hour presented at the Fall Convention of the Washington State Psychological Association, Seattle, WA.

Martell, C. (Discussant) Presenters: Ernst, J., Marlowe, W. & Balter, R. (1996, August). Symposium: *AIDS and disabilities - societal and professional obstacles to adequate services.* Presented at the 104th Annual Convention of the American Psychological Association - Toronto, Ontario, Canada.

Martell, C. R. (1992, October). *Accompanying the journey: Doing psychotherapy with persons living with AIDS.* Presentation on a multi-disciplinary panel

on AIDS at the Fall Convention of the Washington State Psychological Association, Kirkland, WA.

Martell, C.R., & Tanaka-Matsumi, J. (1989, August). *Accommodating individual differences in a social skills training package*. Poster presented at the 97th Annual Convention of the American Psychological Association, New Orleans, LA.

Barry, B., **Martell, C.**, Phillipson, S., Hart, K.E. (1989, April). *Bulimia, food ruminations and obsessive compulsiveness*. Poster presented at Southwestern Psychological Association, Austin.

Martell, C.R. (1988). *Assessment of relevant stimuli affecting generalization in social skills training for retarded adults*. Unpublished Doctoral Dissertation, Hofstra University.

Barry, B., **Martell, C.**, Phillipson, S. (1985). *The relationship of obsessive-compulsive characteristics, food ruminations and bulimic eating patterns to treatment progress in a supplemented fasting weight reduction program*. Unpublished Master's Project, Hofstra University

INVITED TALKS AND ADDRESSES

Martell, C. R. (2023, April). *Behavioral activation as a process based treatment strategy: Favoring functional analysis over diagnosis*. III International Symposium on Clinical Behavioral Analysis – SIACC, Brazil, presented via Zoom, April 27, 2023.

Martell, C. R. (2022, June). *Behavioral activation updates and transdiagnostic processes*. Invited on-line address presented for the Washington State Psychiatric Association, June 4, 2022.

Martell, C. R. (2022, May). *Affirmative CBT: What to know when working with LGBTQ+ clients*. Keynote Workshop presented at the Canadian Association of Cognitive and Behavioural Therapies, May 12, on-line.

Martell, C. R. (2018, July). *Behavioral activation: A third wave cousin on a journey across the world*. Invited Address presented at the Association of Contextual Behavioral Science, Annual Convention, Montreal, Quebec, Canada.

Martell, C. R. (2018, July). *Getting the essentials in place: Using a structured Behavioral activation program to gain proficiency*. Invited Workshop Presented at the Association of Contextual Behavioral Science, Annual Convention, Montreal, Quebec, Canada.

Martell, C. R. (2018, May). *Behavioral activation- more than riding a*

a bicycle. University of Massachusetts Medical School Grand Rounds. Worcester Massachusetts.

- Martell, C. R.** (2017, December). *Behavioral activation for depression: Recent developments and clinical applications*. Two-Day Invited Workshop, Porte Voix, Montreal, Quebec, Canada.
- Martell, C. R.** (2017, June). *Antidepressant behavior: Helping clients engage in life through behavioral activation*. Invited Workshop presented to the Massachusetts Psychological Association, Continuing Education Event, Amherst, MA.
- Martell, C. R.** (2013, February). *Diversity/multicultural issues in working with the LGBT community*. Invited Workshop presented at Andrews Airforce Base, Maryland, USAF.
- Pantalone, D. W. & **Martell, C. R.** (2012, August). *Basic skills in behavioral activation for treating depression*. Invited Skill-Building Session, American Psychological Association 120th Annual Convention, Orlando FL, USA.
- Martell, C. R.** (2012, May). *Behavioral activation for whatever ails you*. Invited lecture for the B.F. Skinner Lecture Series, 38th Annual Convention of the Association for Behavior Analysis, Seattle, Washington.
- Martell, C. R.** (2012, March). *Behavioural activation for depression: An overview for the non-behaviourist and others*. Invited, two-day workshop. Oxford University, Oxford Cognitive Therapy Centre. Oxford, U.K.
- Martell, C. R.** (2010, February). *The science and practice of behavioral activation*. Invited Workshop presented at Central Michigan University, Mt. Pleasant, MI.
- Martell, C. R.** (2009, March). *Behavioral activation for depression: Conceptualization and competencies*. Invited workshop presented at the University of Arizona, Tucson, AZ.
- Martell, C. R.** (2008, September) *Behavioral activation*. Invited workshop presented at the Australian Association of Behavior Therapy annual convention, Adelaide, Australia.
- Martell, C. R.** (2008, September) *In the midst of the storm*. Invited Keynote Address presented at the Australian Association of Behavior Therapy annual convention, Adelaide, Australia.
- Martell, C. R.** (2008, September) *Behavioral Activation*. Workshop presented in ChristChurch, New Zealand.
- Martell, C. R.** (2008, July). *Behavioral Activation*. Invited workshop presented at the

British Association of Behavioural and Cognitive Psychotherapies annual convention, Edinburgh, Scotland.

- Martell, C. R.** (2008, July). *Twenty years of behavior therapy: Trends and counter-trends*. Invited Keynote presented at the British Association of Behavioural and Cognitive Psychotherapies annual convention, Edinburgh, Scotland.
- Martell, C. R.** (2007, August) *Consideration of class: Personal history and identity development*. Presidential Address presented at the 115th Annual Convention of the American Psychological Association Division 44., San Francisco, CA.
- Martell, C. R.** (2007, March). *Behavioral Activation*. Invited workshop Presented at the 36th Annual Conference of the Swedish Association of Behaviour Therapy. Stockholm, Sweden.
- Martell, C. R.** (2007, March). *Cognitive-behavioral therapy with gay, lesbian, and bisexual clients*. Invited Keynote presented at the 36th Annual Conference of the Swedish Association of Behaviour Therapy, Stockholm, Sweden.
- Martell, C. R.** (2007, February). *Applying integrative behavioral couples therapy with same-sex couples*. Invited workshop presented at the University of Nebraska, Department of Psychology, Lincoln, NE.
- Martell, C. R.** (2006, June). *Cognitive-behavioral therapy with gay, lesbian, and bisexual clients*. Invited workshop presented to Division H of the Georgia State Psychological Association, Atlanta, GA.
- Martell, C. R.** (2006, June). *Integrative behavioral couple therapy with same-sex couples*. Invited workshop presented to Division H of the Georgia State Psychological Association, Atlanta, GA.
- Martell, C. R.** (2006, February). Behavioral activation for depression. Invited Grand Rounds, University of Washington, Department of Psychiatry and Behavioral Sciences. Seattle, WA.
- Martell, C. R.** (2003, July). *Empirical work: Collaboration between practitioners and researchers in development and dissemination of psychotherapies*. Invited Keynote presented at the British Association of Behavioural and Cognitive Psychotherapies Annual Convention, York, England, UK AND SEMINARS

WORKSHOPS

- Martell, C. R.** (2022, February). *Behavioral Activation: Training by Demonstration*. Invited Workshop presented via Zoom. Cognetica – Israeli Society for Cognitive Therapy.

- Martell, C. R.** (2021, November). Working with sexual minorities and gender Diversity. Workshop *Ethical Practice During Rapid Social Change*. Presented for the Vermont Psychological Association and the New Hampshire Psychological Association. Co-presenters: Lee Rosen, and Ken Major. Live webinar.
- Martell, C. R.** (2020, January; 2019, October). *Behavioral activation principles, protocols, practice with adults and adolescents*. Invited, two-day workshop presented for Endurmenntun HÍ (Ultimate Education) Iceland. Specialized program in cognitive behavioral therapy, University of Iceland, Reykjavik.
- McCauley, E., Dimidjian, S., Schloedt, K., **Martell, C.**, & Gudmundsen, G (2018, November). Behavioral activation therapy for adolescents. Institute presented at The 52nd annual conference of the Association of Behavioral and Cognitive Therapies. Washington, DC.
- Martell, C. R.** (2010, October). *Mastering behavioral activation for depression*. Two-Day workshop presented for the Charlie Waller Memorial Trust, University of Reading and the Centre for Mood Disorders, University of Exeter. Bristol, U.K.
- Martell, C. R.** (2010, October). *Behavioral activation principles in practice*. One and one-half Day workshop presented at City and Hackney, NHS, London, England, U.K.
- Martell, C. R.** (2010, July). *Behavioral activation for depression: Principles and competencies*. Workshop Presented at the 1st Annual ABPP Summer Institute, Portland Oregon.
- Martell, C. R.** (2010, June) The treatment of depression: Behavioral activation theory and practice.” Workshops presented for CPM Training & Counselling: Melbourne, Australia 6/19; Brisbane, Australia 6/21; Perth, Australia, 6/23; Adelaide, Australia, 6/26; and Sydney, Australia 6/28.
- Martell, C.R.** & Hope, D. (2009, November) *So what if my client is gay? Culturally sensitive CBT with clients who identify as gay, lesbian, or bisexual*. Workshop Presented at the 43rd Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY..
- Martell, C. R.** (2009, October). *Behavioral activation (BA) for depression: A treatment whose time has come, again*. Workshop Presented at the Annual Convention of the Washington State Psychological Association, Seattle, WA.
- Martell, C. R.** (2009, October) Behavioral activation (BA): Principles, techniques, and competencies. Workshop Presented at the Annual Convention of the Washington State Psychological Association, Seattle, WA.

- Martell, C. R.**, Dimidjian, S., & Herman-Dunn, R. (2006, November). Behavioral activation in treatment for depression. Workshop Presented at the 40th Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Martell, C. R.** & Dimidjian, S. (2005). *Behavioral activation: A new approach for treating depression*. Full-Day CE Workshop, University of Washington, School of Social Work, Seattle, WA.
- Martell, C. R.**, Addis, M. E. & Dimidjian, S. (2004, November). Behavioral activation therapy for depression. Half-Day Workshop. Presented at the 38th Annual Convention of the Association for Advancement of Behavior Therapy. New Orleans, LA.
- Martell, C.R.** (2003, July). *The basics of behavioural activation treatment for depression*. Full day workshop presented at the British Association of Behavioural and Cognitive Psychotherapies Annual Convention, York, England, UK.
- Martell, C. R.** (2002, April). *Behavioral activation as a contextual treatment for depression*. Full Day workshop presented to the Behavior Therapy Society of Sweden, Uppsala Sweden.
- Martell, C. R.** & Addis, M. E. (2001, November). *Behavioral activation as a contextual treatment for depression*. 3-hour Workshop presented at the 35th Annual Convention, Association for Advancement of Behavior Therapy, Philadelphia, PA, November 16, 2001 and 36th Annual Convention, AABT, Reno, NV.
- Fehrenbach, P., **Martell, C.** & Henry, C. (1999, April). *Integrative behavioral couples therapy: An innovative approach to treating distressed relationships*. Workshop presented at the Spring Conference of the Washington State Psychological Association, Seattle, WA.
- Martell, C. R.** (1997, October). *Professional Ethics*. Didactic seminar presented to the Clinical Psychology interns in the APA-approved internship program, University of Washington, Department of Psychiatry and Behavioral Science, Seattle, WA.
- Martell, C. R.** (1997, July). *Working with lesbian, gay and bisexual persons*. Didactic Seminar presented to the Clinical Psychology interns in the APA-approved internship program. American Lake Veteran Administration Medical Center, Tacoma, WA.
- Martell, C. R.** (1996, November) *Current issues with gay men: a cognitive-behavioral approach*. Workshop presented at the 30th Annual

Convention of the Association for Advancement of Behavior Therapy,
New York, NY.

Martell, C. R. (1996, April). *Imprisoned in the kingdom of God: Treating individuals with religious anxieties*. Presented at the Washington State Psychological Association, Spring Convention, Seattle, WA.

Becker, J., Land, T., & **Martell, C.** (1995, November). *Current issues with gay men: A cognitive-behavioral approach*. Workshop presented at the 29th Annual Convention of the Association for Advancement of Behavior Therapy, Washington, D.C.

Martell, C. R. (1993, December) *Psychotherapy with lesbian and gay clients*. Seminar Presented to the Clinical Psychology Interns in the APA accredited internship program at the University of Washington Medical Center - Outpatient Psychiatry, Seattle, WA.

Martell, C. R. (1993, April). *Psychological aspects of HIV*. Presentation to the Family Practice Residents at Swedish Hospital Medical Center / Seattle Family Practice Clinic, Seattle, WA.

Martell, C. R. (1993, April). *Gay and lesbian development*. Lecture conducted at The University of Washington for Psychology 560, Seattle, WA.

Martell, C. R. (1991, February). *The psychological aspects of chronic illness*. Presentation to the Family Practice Residents at Swedish Hospital Medical Center Family Practice Clinic, Seattle, WA.

Martell, C. R. (1989, September). *Cognitive and behavioral treatment of traumatic brain injured adults*. Seminar conducted at St. Joseph's Hospital, Tacoma, WA.

Martell, C. R. (1989) *Substance abuse and head injury*. Presented at the Life Initiatives Family Training Program of the Washington State Head Injury Foundation, Seattle, WA.

Berger, A., Cascone, L., **Martell, C.** & Thomas, T. (1987, March). *Impact of crisis on the professional*. Workshop conducted at the National Association of Student Personnel eastern regional meeting, New Brunswick, NJ.

Berger, A., Cascone, L., **Martell, C.** & Thomas, T. (1987, January). *Suicide and the college student*. Workshop conducted at the College Student Personnel Association of New York annual conference, NY.

ACADEMIC TEACHING

Courses Taught:

Diagnostic Interviewing (Psychology 891KK) University of Massachusetts Amherst.

Practicum in Adult Clinical Psychology and Practicum in Supervision (Psychology 789) University of Massachusetts Amherst.

Ethics and Professional Practice (Psychology 712). University of Wisconsin – Milwaukee.

Clinical Practicum (Psychology 842). University of Wisconsin – Milwaukee.

Cognitive-Behavioral Therapy for Depression – University of Washington Department of Psychology. Seminar for 2nd year Doctoral students, co-taught with Corey Fagan, Ph.D.

Cognitive Behavioral Therapy Seminar – University of Washington Department of Psychiatry and Behavioral Sciences. R3 Psychiatry Residents.

Behavioral Activation Seminar – University of Washington Department of Psychiatry and Behavioral Sciences. Psychiatry and Psychology Residents.

Cognitive and Behavioral Analysis System of Psychotherapy (C-BASP) Seminar – University of Washington Department of Psychiatry and Behavioral Sciences. Psychiatry and Psychology Residents.

Working with Lesbian, Gay, and Bisexual Clients didactic seminar Presented to the Clinical Psychology interns in the APA-approved internship program, University of Washington, Department of Psychiatry and Behavioral Science, Seattle, WA.

Co-Instructor: Graduate Seminar on Functional Analytic Psychotherapy. With Dr. Robert Kohlenberg, University of Washington, Dept. of Psychology, 2003.

Co-Instructor: Graduate Seminar on Clinical Work with Lesbian, Gay, and Bisexual Clients. With Dr. Jan Kruper, University of Washington, Dept. of Psychology, Spring 1996

SERVICE TO THE ACADEMY

University of Massachusetts, Office of the Chancellor – Search Committee for
The position of Resource and Compliance Analyst.

Department of Psychological and Brain Sciences – Faculty Search Committee.
University of Massachusetts Amherst.

Chancellor’s Council on Mental Health - University of Wisconsin –
Milwaukee. Expansion of Campus Resources Subcommittee

Clinical Training Committee - University of Wisconsin – Milwaukee

Behavioral Activation Treatment Team – University of Washington Psychological Services
Clinic. Co-leader with Corey Fagan, Ph.D.

Associate Editor

2019 - *Clinician’s Digest – Journal of Sexual Orientation and Gender
Diversity*

2016 – 2019 *Cognitive and Behavioral Practice*

Consulting Editor/Editorial Board.

2013 - *Cognitive and Behavioral Practice*

2010 - 2012 *Journal of Consulting and Clinical Psychology*

2013 - 2016 *Journal of Sexual Orientation and Gender Diversity*

2009 **Diversity Advancement Committee.** Department of Psychiatry and
Behavioral Sciences, University of Washington.

2007 – 2012 **Internship Application Review Committee.** Department of Psychiatry and
Behavioral Sciences, University of Washington. 2007 – 2012

Psychotherapy Workgroup. Department of Psychiatry and
Behavioral Sciences, University of Washington.

Member of Masters Thesis Committee for:

Averi N. Gaines – University of Massachusetts – Amherst-
College of Natural Sciences-Department of
Psychological and Brain Sciences

Member of Doctoral Dissertation Committee for:

Laura Simon – University of Massachusetts – Amherst

Autumn Johnson – University of Massachusetts – Amherst

Cynthia Shuttleton – University of Massachusetts – Amherst
College of Education-Program in School
Psychology

Enrique Gracian – University of Wisconsin-Milwaukee

Natalie Brei – University of Wisconsin - Milwaukee

Amy Goetz – University of Wisconsin – Milwaukee

Kevin Haworth – University of Wisconsin - Milwaukee

Gabriela Nagy – University of Wisconsin – Milwaukee

Ajeng Puspitisari - University of Wisconsin – Milwaukee

Department of Psychology – Clinical Psychology

Dan Yoshimoto - University of Washington –

Department of Psychology – Developmental Psychology

Jean Yi - University of Washington – Department of Psychology –

Department of Psychology -Adult Clinical Psychology

Member of Dissertation Thesis Examination Committee for:

Trevor G. Mazzucchelli – Curtin University of Technology, Perth, Western

Australia - Department of Psychology.

Member of Comprehensive Examination Committee for:

Heather Muir - University of Massachusetts - Amherst

Jasmine Dixon - University of Massachusetts - Amherst

Sungha Kang - University of Massachusetts - Amherst

Alice Coyne – University of Massachusetts – Amherst

Molly Mather – University of Massachusetts – Amherst

PROFESSIONAL ACTIVITIES (SERVICE TO THE PROFESSION)

Ad hoc peer reviewer:

Behavior Therapy

Behavior Research and Therapy

Cognitive and Behavioral Practice

Depression and Anxiety

Journal of Family Psychotherapy

Journal of Behavior Therapy and Experimental Psychiatry

Coalition for Advancement of Resources for Evidence-based Practice (CARSEP)

(2019) Recorded role-play training videos for Behavioral Activation that will be available via the internet through the Coalition for free as a means to advance training and dissemination of evidence-based psychotherapy processes.

American Psychological Association, Committee on Accreditation
Site Visitor (2018, 2022)

Washington State Department of Social and Health Services. Developed the Resource Guide and Literature Review for "Promising Practices with Lesbian, Gay, Bisexual and Transsexual Clients" through a grant from Washington State University. Anne Strode – Coordinator.

Washington State Department of Health. Examining Board of Psychology. Pro-tem Board Member – Serving on Oral Examination Committees of candidates for licensure as needed prior to discontinuation of the requirement.

The Gottman Institute. Assisted in Development of Workshops for Gay Male Couples, Seattle, WA (2000). Leader full-day workshops

for gay male couples, (2000-2001).
American Psychological Association HIV Office of Psychological Education (H.O.P.E). Regional AIDS/HIV trainer (April 1994 – January 1999).

AWARDS AND HONORS

Certificate of Teaching and Mentoring Excellence. Presented by the 2008-2009 Psychology Residents of the Adult Psychology Track – University of Washington Department of Psychiatry and Behavioral Sciences (APA-Accredited Psychology Internship Training Program).

Distinguished Professional Contribution Award. Division H - Division of Sexual Orientation Issues – Georgia State Psychological Association, June 2006.

Distinguished Psychologist Award. Washington State Psychological Association, October 2004.

Distinguished Book in Lesbian, Gay, and Bisexual Psychology. American Psychological Association - Division 44 (Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues). Awarded to Martell, C. R. Safren, S. A., & Prince, S. E. (2004). *Cognitive-Behavioral Therapies with Lesbian, Gay, and Bisexual Clients*. New York: Guilford Press. Award presented at the 112th Annual Convention of the American Psychological Association, Honolulu, Hawaii, July 30, 2004.

Distinguished Service Award. Washington State Psychological Association, October 1997.

H. Alan Robinson Outstanding Doctoral Dissertation Award. Hofstra University, December 1988.

Delta Epsilon Sigma, National Catholic Scholastic Honor Society. Admitted to membership, Alpha Nu Chapter, May 1983.

LISTINGS

The National Register of Health Service Providers in Psychology, #40348. Approved July 15, 1994

PROFESSIONAL AFFILIATIONS

Academy of Cognitive Therapy - Founding Fellow American Board of Professional Psychology – Board Certified

Positions Held:

Member - Board of Directors, American Board of Cognitive- Behavioral Psychology (ABCBP): 2005 – 2010.

President: 2006 – 2008.

Secretary/Treasurer: 2003 - 2006,

Work Sample Coordinator: 2004-2006.

Examination Coordinator: 2008 - 2012

American Psychological Association (APA) – Fellow (Div. 12, Society of Clinical Psychology and Div. 44 Society for the Psychological Study of Sexual Orientation and Gender Diversity) Committee on Lesbian Gay and Bisexual Concerns (CLGBC), 2002–2005.

Positions Held:

Membership Committee Member – Division 12 (Society of Clinical Psychology) 1/2010 – 1/2012

Fellows Chair – Division 44 (Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues, - 8/2008 – 2015.

President – Division 44 (Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues, 8/2006-8/2007.

President-Elect – Division 44 (Society for the Psychological Study of Lesbian, Gay and Bisexual Issues, 8/2005–8/2006.

Co-Chair – Membership Committee – Division 44 (Society for the Psychological Study of Lesbian, Gay and Bisexual Issues), 2001 – 2004.

Program Chair - Division 44 (Society for the Psychological Study of Lesbian and Gay Issues), 1997.

Association of Behavioral and Cognitive Therapies (ABCT) – Fellow

Positions Held:

Member: Fellows Committee 2019-2022

Chair: Leadership and Elections Committee 2013 – 2016.

Washington State Psychological Association (WSPA) – Member

Positions Held:

Co-Chair: Social Issues and Human Rights Committee 2003 – 2006.

President (WSPA) - 2000

President-elect 1999

Vice President 1998

Ethics Committee/ Ethics Hotline 1995 – Jan. 1999

Chapter IV (King County) Representative 1997 - 1998

President, Chapter IV (King County) 1995 - 1996

President Elect, Chapter IV 1994 - 1995

Co-Chair: Committee on Lesbian, Gay and Bisexual Concerns
(WSPA) 1992- 1995

Co-Chair: Membership Affairs Committee (WSPA) 1991 - 1995